

**OARSI REHAB  
DISCUSSION GROUP  
Journal Club**



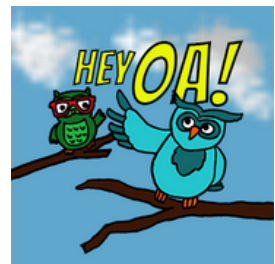
**Have we oversold the  
benefits of Exercise? A  
critical look at the  
evidence.**

Presenters:

THE LANCET  
Rheumatology 

Mel Holden, PhD  
Martin Englund, MD  
David Hunter, MD  
Miriam Hattle, PhD

Hosted by Dr. Kerry  
Costello and Hey OA!



MONDAY, OCTOBER 9  
3PM EDT  
9PM CEST  
6AM AEST 10/10

Login with Passcode : 724689

[Zoom link](#)

**OARSI and non-OARSI  
members welcome**